The Integration of Risk Stratification, PCO, & CHCS

Offutt AFB Health and Wellness Center

Who Needs to Know?

- Key Staff
- Pro Staff
- First Shirts
- HAWC Staff

Fitness Education Courses

- 1. Fitness Briefing
- 2. Microfit Assessment
- 3. Fitness Consult
- 4. Fitness Trainer

*select codes and provider

- Exceptions:
 - Pregnancy
 - High Risk/DocRef
 - Diabetes
 - Older Adult
 - PT Ref

Nutrition Education Courses

- 1. General Nutrition Briefing
- 2. Nutritional Consult
- 3. Cholesterol Class
- 4. Hypertension Class
- 5. Sensible Weigh (BF=Triwest)
- 6. Diabetes

Lifestyles Management

Referred from Life Skills Center, Doc, FPM, or self referral

- 1. Relaxation Class
- 2. Lifestyles Management Class
- 3. TCC

REFERRAL LOOP

Patient has Provider Appt

Client Completes
Appointments SOAP Notes in
Med Records for
Provider
HAWC Staff

Contacts Client and Books Appts

Provider Creates a Referral Consult in CHCS - Treatment Information

Referral Consult Immediately Prints Out at HAWC Front Desk

Consult Review by Exercise Physiologist for Risk Stratification